



# Fun, fitness & friendship

## Newsletter Term 1 2017

Happy 2017 everybody and welcome to another exciting year at FDF!

### Exciting 2017 Dates –

- ★ **Capricorn Combined Concert-** All SG Dancers- Sunday 27<sup>th</sup> March St George Auditorium Kogarah
- ★ **Prize Day** – Everyone Participates & receives a trophy Sunday June 18th (date to be confirmed) Condell Park Public School Hall
- ★ **Capricorn Dance Festival** – Optional Participation- Bankstown Sports Club  
If you are interested in this competition, please see your class teacher for a registration 3<sup>rd</sup> and 4<sup>th</sup> June @ Bankstown Sports Club
- ★ **Concert Rehearsal** - Everyone Participates  
Sunday Nov 12th @ FDF Condell Park Public School Hall
- ★ **Concert** – Everyone participates  
Sunday Dec 17th @ Sutherland Entertainment Centre

### Congratulations and DVDs

Congrats again to all our dancers for a spectacular 2016 show! The concert provides such joy to both the dancers performing and their proud families. Organisation for this year's Concert is already well under way and a little rockin' robin told me it's going to be spectacular....

### New Meditation Class for 2017

Freedom is proud to announce the introduction of a 30 min weekly Meditation class to the timetable. Perfect for children of all ages it will provide skills for emotional balance, confidence, relaxation and mindfulness. Please join Miss Simone each Friday evening at 7:30. What a wonderful way to wrap up the week and rebalance before the weekend!

### Payment

At FDF we have a Term Payment system for all classes. Each dancer will receive an account on the first lesson of each term which is to be paid within the fortnight.

Please note- there has been a slight price increase this year- our first in 8 years.

Best results are achieved when we see dancers each week and can continue to move forward with their development.

Term Payment saves you valuable time each class (and the hassle of searching your purse for change). If you do happen to miss a class- a make up class may be taken within the same term. Your teacher will happily assist you with finding a suitable class.

*Bank details -Simone Larkin, Commonwealth Bank, BSB- 062-190, Acc- 10363581*

*Please include your child's name and term number when providing a description for a direct deposit.*

## **Uniform**

We have some exciting new pieces in our dance uniform range this year! Please embrace the school colours of purple, lime green and black. Combinations of leotard, tights and dance skirts or shorts are appropriate for class. Uniform order forms can be found on the front desk or may be printed from our website. Hair must be in a ponytail or bun (buns for ballet please), minimal jewellery. Remember- being beautifully groomed is part of being a dancer.

## **Shoes**

Correct footwear is vital for dance safety. Please ask your teacher if you are unsure about what style is best for your child.

## **Concert DVD**

Pre ordered DVDS of our wonderful 2016 concert are available to collect! Please see your teacher.

## **FDF's Home**

We thank C & M Aquatic Centre and its owners Colin and Margaret for welcoming Freedom into their lovely space. As you enjoy our facility please remember these important rules-

- ★ Parents and siblings are welcome to wait quietly in the designated blue seated waiting area. NO food or drink allowed.
- ★ Parents are very welcome to enjoy a delicious coffee whilst waiting for their child's class to finish. Café tables are for coffee shop patrons only.
- ★ FDF parents are very welcome to use the car park for DROP OFF ONLY, the pool car park is for pool customers. FDF advises parking in the surrounding streets.
- ★ Jnr, Inter and Senior classes are closed classes. This enables the children to fully focus and get the most out of their class without distraction. Parents may come in quietly for the last five minutes of class to pick up their dancer or drop a child off. Families will be invited in to the watch one preschool performance per class.

Thank you for choosing Freedom Dance Force for your child's dance education. If there is anything that you or your dancer need please feel free to call.

**Let's get ready for an amazing year!**

*Simone Larkin*

Principal - 0427 819876